FN 400 Professional Issues in Dietetics Fall 2019

Course Description: 2 cr. Didactic Program in dietetics (DPD) prepares students for dietetic internship where they apply principles and theories to nutrition care of individuals and groups and develop skills for life-long professional learning. Prerequisite: Senior status, dietetics majors only

Class Schedule: Tuesday 12:00-1:50 PM, CBB 131

Required Reading:

Postings on course site. Stay up to date with current news. You can access news online at: www.nytimes.com, www.nytimes.com.

Recommended:

Bolles, RN. What Color is Your Parachute? 2019: A Practical Manual for Job-Hunters and Career-Changers. Berkeley, CA: Ten Speed Press, 2018.

Instructor: Mrs. Deborah Tang, MS, RD, CD CPS 240B (715) 346-2749 <u>dtang@uwsp.edu</u>

Office Hours: I plan to be available on Mondays from 9:00-11:00 AM and Thursdays from 10:00 AM -12:00 PM. However, times may vary for some weeks due to last minute meetings and other unforeseeable circumstances. It is best to make an appointment with me via email to secure a meeting time. There may be other times more convenient for you that can be arranged as well.

Objectives:

- 1. Evaluate career alternatives and articulate career goals.
- 2. Update a professional resume.
- 3. Design a professional electronic portfolio.
- 4. Complete an application for a dietetic internship program.
- 5. Identify the professional and legal framework which guides dietetic practice.
- 6. Evaluate the ethical considerations of personal and professional life.
- 7. Apply the political and legislative process to dietetics-related issues.

Students will have knowledge of:

- Outcomes-based research
- Quality improvement methods
- Marketing theory and techniques
- Ethics of care

Students will demonstrate the ability to:

- Locate, interpret, evaluate and use professional literature
- Demonstrate effective and professional oral and written communication skills
- Use current information technologies
- Explain and advocate for a public policy position relating to the field of nutrition and dietetics
- Develop a professional electronic portfolio

2017 ACEND Accreditation Standards for Nutrition and Dietetics Didactic Programs (DPD)

KRDN 1.1 Demonstrate how to locate, interpret, evaluate and use professional literature to make ethical, evidence-based practice decisions.

KRDN 1.2 Use current information technologies to locate and apply evidence-based guidelines and protocols.

KRDN 1.3 Apply critical thinking skills.

KRDN 2.1 Demonstrate effective and professional oral and written communication and documentation.

KRDN 2.2 Describe the governance of nutrition and dietetics practice, such as the Scope of Nutrition and Dietetics Practice and the Code of Ethics for the Profession of Nutrition and Dietetics; and describe interprofessional relationships in various practice settings.

KRDN 2.3 Assess the impact of a public policy position on nutrition and dietetics practice.

KRDN 2.7 Demonstrate identification with the nutrition and dietetics profession through activities such as participation in professional organizations and defending a position on issues impacting the nutrition and dietetics profession.

Student Responsibilities for Successful Coursework:

Students should plan to attend all classes and are responsible for all information presented in class. Notify the instructor in person, by telephone or email if an absence is anticipated. Class begins promptly at the scheduled times.

Academic Conduct:

This course is part of the UW-Stevens Point academic community, an academic community that is bound together by the traditions and practice of scholarship. Honest intellectual work on written assignments is essential to the success of this community of scholars. Using classmates' responses or disguising words written by others as your own undermines the trust and respect on which our course depends. The work in this course is challenging and will demand a good deal from each of you. I have every confidence that each of you can succeed. Doing your own work will enhance your sense of accomplishment when the semester comes to a close.

Additionally, the classroom environment is a unique opportunity for students to share ideas, opinions, discuss classroom and course content. As each student is entitled to contribute in class, specific expectations are necessary to ensure a thriving classroom environment. Expectations include: arriving to class on time, being prepared for class, and keeping cell phones silenced or turned off and put away. Behaviors such as loud shouting, excessive side conversations, arriving to class under the influence of any alcohol or drugs, profane language, and verbal or physical threats, intimidation of any kind, or any other behavior that may be disruptive to the instructor or other students are considered unacceptable. If any of this behavior is exhibited, you may be asked to leave the class for the day. Any continued disruptive behavior may result in a referral to the Dean of Students Office.

For additional information, please refer to the statements on Academic Standards as outlined by the Office of Student Rights and Responsibilities. You can read the full text of Chapter 14 on "Student Academic Standards & Disciplinary Procedures" at https://www.uwsp.edu/dos/Documents/UWSP14-Final2019.pdf

Electronic Devices:

The use of cell phones will not be permitted during lectures. Research supports that having visual access to a cell phone diminishes our ability to learn. Checking social media, texts, emails, and messages is unprofessional and disrespectful to our class community. Please turn off your phone during class; I will do so as well. If you are expecting an important phone call or dealing with an emergency, please silence your phone and let the instructor know that you may have to receive a call outside the classroom or lab. Laptops or iPads are permitted only for note taking activities related to course content, not for web browsing or completing assignments for other classes. Students will be asked to leave their electronics at the front of the classroom until the end of the class period if misuse is observed.

Written work:

All work should reflect your best effort with appropriate professional language, correct grammar and punctuation. All assignments will be submitted via our course site. Late assignments will not be accepted.

In-class activities and participation:

A student must notify the instructor, if he/she will be absent. Without prior notification, class activities and participation points cannot be made up and the student will receive a zero. If you have any concerns about meeting the requirements of this course, please see me.

Absences due to Military Service:

As stated in the UWSP Catalog, you will not be penalized for class absence due to unavoidable or legitimate required military obligations, or medical appointments at a VA facility, not to exceed two (2) weeks unless special permission is granted by the instructor. You are responsible for notifying faculty members of such circumstances as far in advance as possible and for providing documentation to the Office of the Dean of Students to verify the reason for the absence. The faculty member is responsible to

provide reasonable accommodations or opportunities to make up exams or other course assignments that have an impact on the course grade. For absences due to being deployed for active duty, please refer to the Military Call-Up Instructions for Students.

Religious Beliefs Accommodation:

It is UW System policy (<u>UWS 22</u>) to reasonably accommodate your sincerely held religious beliefs with respect to all examinations and other academic requirements.

You will be permitted to make up an exam or other academic requirement at another time or by an alternative method, without any prejudicial effect, if:

• There is a scheduling conflict between your sincerely held religious beliefs and taking the exam or meeting the academic requirements; and

• You have notified your instructor within the first three weeks of the beginning of classes (first week of summer or interim courses) of the specific days or dates that you will request relief from an examination or academic requirement.

• Your instructor will accept the sincerity of your religious beliefs at face value and keep your request confidential.

• Your instructor will schedule a make-up exam or requirement before or after the regularly scheduled exam or requirement.

• You may file any complaints regarding compliance with this policy in the Equity and Affirmative Action Office.

Care Team:

The University of Wisconsin-Stevens Point is committed to the safety and success of all students. The Office of the Dean of Students supports the campus community by reaching out and providing resources in areas where a student may be struggling or experiencing barriers to their success. Faculty and staff are asked to be proactive, supportive, and involved in facilitating the success of our students through early detection, reporting, and intervention. As your instructor, I may contact the Office of the Dean of Students if I sense you are in need of additional support which individually I may not be able to provide. You may also share a concern if you or another member of our campus community needs support, is distressed, or exhibits concerning behavior that is interfering with the academic or personal success or the safety of others, by reporting <u>here</u>.

Presentations:

This class is preparing you for the professional world. As such, you are required to dress professionally if you are presenting during this class. Please plan to come in business casual attire for all individual and group presentations. For the final interview, you are expected to wear business professional attire. Information and examples for both styles of dress are posted for your reference.

Learning Management System:

This course uses Canvas, the New Learning Management System (LMS) being adapted across the UW System. Canvas can be accessed via a launch portal at <u>www.uwsp.edu/canvas</u> using your campus login and password. Help in Canvas is available at the bottom of the launch portal, and through the "Help" menu within Canvas. A student orientation / training course is available for self-registration at <u>https://uws.instructure.com/enroll/FNRAL8</u>.

Disability and Accommodations:

In accordance with federal law and UW System policies, UWSP strives to make all learning experiences as accessible as possible. If you need accommodations for a disability (including mental health, chronic or temporary medical conditions), please visit with the Disability and Assistive Technology Center within the first 2 weeks of class to determine reasonable accommodations and notify faculty. After notification, please discuss your accommodations with me so that they may be implemented in a timely fashion. DATC contact info: datctr@uwsp.edu; 715/346-3365; 609 Albertson Hall, 900 Reserve Street.

Additional Campus Policies:

FERPA

The Family Educational Rights and Privacy Act (FERPA) provides students with a right to protect, review, and correct their student records. Staff of the university with a clear educational need to know may also have access to certain student records. Exceptions to the law include parental notification in cases of alcohol or drug use, and in case of a health or safety concern. FERPA also permits a school to disclose personally identifiable information from a student's education records, without consent, to another school in which the student seeks or intends to enroll.

Reporting Incidents of Bias/Hate

It is my intent that students from all diverse backgrounds and perspectives be well-served by this course, that students' learning needs be addressed both in and out of class, and that the diversity that the students bring to this class be viewed as a resource, strength and benefit. It is my intent to present materials and activities that are respectful of diversity: gender identity, sexuality, disability, age, socioeconomic status, ethnicity, race, nationality, religion, and culture. Your suggestions are encouraged and appreciated. Please let me know ways to improve the effectiveness of the course for you personally, or for other students or student groups.

If you have experienced a bias incident (an act of conduct, speech, or expression to which a bias motive is evident as a contributing factor regardless of whether the act is criminal) at UWSP, you have the right to report it: <u>https://www.uwsp.edu/dos/Pages/Anonymous-Report.aspx</u>.

You may also contact the Office of the Dean of Students directly at <u>dos@uwsp.edu</u>. Diversity and College Access is available for resources and support of all students: <u>https://www.uwsp.edu/dca/Pages/default.aspx</u>.

Clery Act

The US Department of Education requires universities to disclose and publish campus crime statistics, security information, and fire safety information annually. Statistics for the three previous calendar years and policy statements are released on or before October 1st in our <u>Annual</u> <u>Security Report</u>. Another requirement of the Clery Act is that the campus community must be given timely warnings of ongoing safety threats and immediate/emergency notifications. For more information about when and how these notices will be sent out, please see our Jeanne Clery Act page.

Course Evaluation:

| Journal club | |
|--|--|
| Part 1: Presentation | 15 points |
| Part 2: Summary & analysis | 15 points |
| Internship programs comparison | 30 points |
| Resume: | |
| Resume (final draft) | 30 points |
| Peer resume review | 10 points (review a classmate's resume; submit your |
| | review with edits into your own assignment dropbox) |
| Internship application | 100 points |
| Review peer's letter of intent outline | 20 points (review a classmate's letter outline; submit |
| | your review with edits into your own assignment |
| | dropbox) |
| Policy Presentation | 30 points |
| Eportfolio mock interview | |
| Part 1: Interview | 40 points |
| Part 2: Eportfolio | 60 points |
| Class attendance & participation | 40 points |
| Total | 390 points |

Grading Scale:

| Grade | Percentage | Grade | Percentage |
|-------|------------|-------|------------|
| А | 93-100% | C+ | 77-79.9% |
| A- | 90-92.9% | С | 73-76.9% |
| B+ | 87-89.9% | C- | 70-72.9% |
| В | 83-86.9% | D+ | 67-69.9% |
| B- | 80-82.9% | D | 60-66.9% |
| | | F | < 60% |

FN 400 Tentative Course Outline – Fall 2019

| Week | Date | Topics | Resources | Assignment |
|------|---------|--|--|---|
| 1 | Sept 3 | Introduction Course Assignments Journal club framework What is your sound bite? | www.eatright.org www.sneb.org University College ACAC | Update your resume |
| 2 | Sept 10 | Careers in dietetics and nutrition Your personality profile | Canvas postings | Journal club (2) Myers Briggs personality profile Develop framework for comparing internship sites. |
| 3 | Sept 17 | Dietetic internships Verification Statement Internship applications | A.N.D. website, ACEND website Parachute: Chapters 8, 9, 13 | Journal club (2) Review of peer's resume due in your own dropbox |
| 4 | Sept 24 | Strengths and weaknesses (SWOT) Internship letter of application Outline and 1 st draft | Canvas postings | Journal Club (2) Internship comparisons due in drop box |
| 5 | Oct 1 | The what, when, why and how of e-portfolios Writing reflections | Canvas postings | Journal Club (2) |
| 6 | Oct 8 | The job search The interview | Parachute: chapters 1, 2, 4, 5 Canvas postings | Journal Club (2) Resumes due in dropbox |
| 7 | Oct 15 | Professional & legal framework Standards of practice Code of ethics | Canvas postings | Journal Club (2) Review of peer's letter of intent outline due in your own dropbox |
| 8 | Oct 22 | Interviewing Skills – Guest speaker | Parachute: chapters 6, 7 | Journal Club (2) |
| | | Food & Nutrition Conference & Expo (| FNCE), Philadelphia, PA Octob | ber 26 - 29 |
| 9 | Oct 29 | Internship applications Q&A | | Journal Club (2) |
| 10 | Nov 5 | Professional Development Portfolio | Canvas postings CDR: https://www.cdrnet.org/ | Journal Club (3) Internship packets due in dropbox |
| 11 | Nov 12 | Political & legislative process Current Issues Presentations | Canvas postings | |
| 12 | Nov 19 | Current Issues Presentations | | |
| 13 | Nov 26 | The RD exam DTR Exam Eligibility | Canvas postings | |
| 14 | Dec 3 | Mock interviews with E-portfolios | | E-portfolio due date for all, submit link to dropbox |
| 15 | Dec 10 | Mock interviews with E-portfolios | | |